"FEMINISM" in five minutes!
Feminism is an ideology and social change movement which advocates for social, political, economic, and intellectual equality for all genders.

Everyone can be a feminist and anyone can join the movement regardless of sex or gender.

However, there’s a lot of debate and confusion about the term ‘feminism’ – so in under five minutes, we would love to give you an introduction to what it really is (and isn’t)!
Feminism is:

About making sure women and girls have equal opportunities in life, and can chase their dreams!
Feminism is NOT:

About taking rights away from men - That's why we encourage men to be feminists too!
Feminism is:

About ending any discrimination between men and women in the workplace – so that everyone has the same opportunities to join and lead organisations, political parties or companies.
Feminism is NOT:

About making women more powerful than men – that’s why we encourage men to be feminists too!
Feminism is:

About breaking down traditional gender roles and stereotypes so that men and women play a more equal role in raising kids, doing household chores and earning an income to support the family.
Feminism is NOT:

About taking men’s jobs, or forcing men to stay at home and raise kids. It’s about everyone being able to make their own choices equally! That’s why we encourage men to be feminists too!
Feminism is:

About ending all forms of violence against women, children and men so that everyone can live their lives in dignity and safety.
Feminism is NOT:

About making violence against men acceptable – That’s why we encourage men to be feminists too!
Feminism is:

About ending sexual harassment at work so that everyone can do their job without fear of violence.
Feminism is NOT:

About stopping men from talking to their women friends at work. It’s about making sure everyone is comfortable and their boundaries are respected. That’s why we encourage men to be feminists too!
Klahaan is an independent, intersectional feminist organization working for a more equitable and just future where all Cambodian women can fulfil their potential.

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